

## Maggie's Vinaigrette

2 T. Champagne Vinegar  
6-8 T Olive Oil  
1 garlic clove, minced  
1 t. dijon mustard  
sea salt and pepper  
Your favorite chopped herbs

Depending on my salad ingredients, I will also occasionally add a dollop of Agave Nectar or Raw Honey.

## Pineapple Salsa

1/2 Pineapple Chopped  
1/2 Jalapeño, minced  
1/2 Red Pepper, chopped  
At least 1/2 cup of cilantro

Combine and refrigerate for about an hour so that flavors can combine. Serve with tortilla chips or chopped vegetables.

Also goes very well over chicken, hamburgers, pork

